

Breakfast K-12

MARCH 2026

MON	TUE	WED	THU	FRI
<p>2</p> <p>Reduced Sugar Trix Cereal w/ Graham Crackers Diced Peaches & 100% Grape Juice</p>	<p>3</p> <p>Whole-Wheat Bagel w/ Cream Cheese or Cinnamon Bun Fresh Apple Orange Tangerine Juice</p>	<p>5</p> <p>Chocolate Chip Muffin or Whole-Grain Waffles w/ Syrup Fresh Pear & 100% Very Berry Juice</p>	<p>5</p> <p>Strawberry Banana Yogurt w/ Graham Crackers (V) Fresh Apple & Diced Pineapple or Southwest Egg, & Cheese Burrito Fresh Apple & Fruit Punch Juice</p>	<p>6</p> <p>Cinnamon Crisp Bar Raisins & 100% Grape Juice</p>
<p>9</p> <p>Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce</p>	<p>10</p> <p>Strawberry Banana Yogurt w/ Graham Crackers Fresh Apple & Pineapple Cup or Pancakes w/ Syrup Fresh Apple & Fruit Punch Juice</p>	<p>11</p> <p>Cinnamon Raisin Bagel w/ Butter (V) or Turkey Sausage Breakfast Pizza Diced Peaches & 100% Grape Juice</p>	<p>12</p> <p>Honey Cheerios w/ Graham Crackers or Cheesy Biscuit Fresh Apple & Orange Tangerine Juice</p>	<p>13</p> <p>Blueberry Muffin Fresh Orange & 100% Very Berry Juice</p>
<p>16</p> <p>Whole-Grain Frosted Corn Flakes w/ Graham Crackers Diced Peaches & 100% Grape Juice</p>	<p>17</p> <p>Plain Bagel w/ Cream Cheese or Southwest Egg, & Cheese Burrito Fresh Apple & Orange Tangerine Juice</p>	<p>18</p> <p>Apple Muffin or Apple Frudel 100% Grape Juice & Raisins</p>	<p>19</p> <p>Strawberry Banana Yogurt w/ Graham Crackers Fresh Apple & Diced Pineapple or Dutch Waffles w/ Syrup Fresh Apple & 100% Fruit Juice</p>	<p>20</p> <p>Apple Cinnamon Cheerios w/ Graham Crackers Fresh Pear & 100% Very Berry Juice</p>
<p>23</p> <p>Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce</p>	<p>24</p> <p>Strawberry Banana Yogurt w/ Graham Crackers Fresh Apple & Diced Pineapple or French Toast w/ Syrup Fresh Apple & Fruit Punch Juice</p>	<p>25</p> <p>Cinnamon Raisin Bagel w/ Butter or Cheesy Biscuit Diced Peaches & 100% Grape Juice</p>	<p>26</p> <p>Cinnamon Toast Crunch w/ Graham Crackers or Turkey Sausage McGriddle w/ Syrup Fresh Apple & 100% Orange Tangerine Juice</p>	<p>27</p> <p>Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice</p>
<p>30</p> <p>Reduced Sugar Trix Cereal w/ Graham Crackers Diced Peaches & 100% Grape Juice</p>	<p>31</p> <p>Whole-Wheat Bagel w/ Cream Cheese or Cinnamon Bun Fresh Apple Orange Tangerine Juice</p>			

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Milk Choices

1% Milk and Skim Milk

Please Note

LocallyGrown Component

Planned Daily.

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".



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Lunch Pre-K

MARCH 2026

MON	TUE	WED	THU	FRI
<p>2 General Tso's Chicken w/ Brown Rice & Broccoli or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple</p>	<p>3 Beef Burger on Whole-Grain Bun w/ Ketchup & Green Beans or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Pear</p>	<p>5 Breaded Chicken Tenders w/ Ketchup & Corn or Spanish Rice & Beans w/ Plantain (V) Fresh Apple</p>	<p>5 Penne Pasta in Tomato Sauce w/ Mozzarella & Ricotta Cheese (V) Italian Vegetables Fresh Banana</p>	<p>6 Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple</p>
<p>9 Breaded BBQ Chicken & Sweet Mashed Potatoes or Cheese Ravioli w/ Tomato Sauce & Italian Vegetables Fresh Apple</p>	<p>10 Salisbury Steak w/ Roasted Potatoes or Falafel Bites w/ Whole Wheat Bread Slice & Corn (V) Mixed Fruit Cup</p>	<p>11 Home-Style Macaroni & Cheese (V) Broccoli Fresh Apple</p>	<p>12 NEW! Honey Mustard Chicken w/ Green Beans Whole-Grain Dinner Roll or Vegetarian Chili w/ Brown Rice & Green Beans Fresh Banana</p>	<p>13 Spanish Rice & Beans w/ Plantain (V) Fresh Apple</p>
<p>16 Breaded Chicken Tenders w/ Ketchup & Corn or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple</p>	<p>17 Spaghetti w/ Beef Meat Sauce & Green Beans or Penne w/ Cheese & Italian Vegetables (V) Fresh Pear</p>	<p>18 Breaded Chicken Bites w/ Roasted Potatoes & Ketchup or Spanish Rice & Beans w/ Plantain (V) Fresh Apple</p>	<p>19 Cheese Raviolis w/ Tomato Sauce & Italian Vegetables (V) Fresh Banana Breaded Chicken</p>	<p>20 Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple</p>
<p>23 Adobo Chicken w/ Cilantro Brown Rice & Street Corn or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Apple</p>	<p>24 Chicken Alfredo Penne Pasta w/ Broccoli or Cheese Ravioli in Tomato Sauce w/ Italian Vegetables Mixed Fruit Cup</p>	<p>25 Meatloaf w/ Gravy & Mashed Potatoes or Falafel Bites w/ Whole Wheat Bread Slice & Corn (V) Fresh Apple</p>	<p>26 Breaded Chicken Parmesan w/ Green Beans or Spanish Rice & Beans w/ Plantain (V) Fresh Banana</p>	<p>27 Home-Style Macaroni & Cheese (V) Broccoli Fresh Apple</p>
<p>30 General Tso's Chicken w/ Brown Rice & Broccoli or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple</p>	<p>31 Beef Burger w/ Ketchup & Green Beans or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Pear</p>			

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Lunch Pre-K

Cold Wednesdays

MARCH 2026

MON	TUE	WED	THU	FRI
2 General Tso's Chicken w/ Brown Rice & Broccoli or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple	3 Beef Burger w/ Ketchup & Green Beans or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Pear	5 Chicken Salad Flatbread Sandwich or American Cheese Sandwich (V) Cole Slaw Fresh Apple	5 Penne Pasta in Tomato Sauce w/ Mozzarella & Ricotta Cheese (V) Italian Vegetables Fresh Banana	6 Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple
9 Breaded BBQ Chicken & Sweet Mashed Potatoes or Cheese Ravioli w/ Tomato Sauce & Italian Vegetables (V) Fresh Apple	10 Salisbury Steak w/ Roasted Potatoes or Falafel Bites w/ Whole Wheat Bread Slice & Corn (V) Mixed Fruit Cup	11 Turkey Bologna & Cheese Sandwich w/ Mustard or Sunbutter & Sandwich w/ String Cheese (V) Side Salad w/ Ranch Dressing Fresh Apple	12 NEW! Honey Mustard Chicken w/ Green Beans Whole-Grain Dinner Roll or Vegetarian Chili w/ Brown Rice & Green Beans Fresh Banana	13 Spanish Rice & Beans w/ Plantain (V) Fresh Apple
16 Breaded Chicken Tenders w/ Ketchup & Corn or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple	17 Penne w/ Beef Meat Sauce & Green Beans or Penne w/ Cheese & Chickpeas (V) Fresh Pear	18 Turkey & Cheese Sandwich w/ Mayo or American Cheese Sandwich (V) Cole Slaw Fresh Apple	19 Cheese Raviolis w/ Tomato Sauce & Italian Vegetables (V) Fresh Banana	20 Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple
23 Adobo Chicken w/ Cilantro Brown Rice & Street Corn or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Apple	24 Chicken Alfredo Penne Pasta w/ Broccoli or Cheese Ravioli in Tomato Sauce w/ Italian Vegetables (V) Mixed Fruit Cup	25 Hero (Turkey, Turkey Ham & Cheese) Sandwich w/ Mustard or Sunbutter & Jelly Sandwich w/ String Cheese (V) Side Salad w/ Ranch Dressing Fresh Apple	26 Breaded Chicken Parmesan w/ Green Beans or Spanish Rice & Beans w/ Plantain (V) Fresh Banana	27 Home-Style Macaroni & Cheese (V) Broccoli Fresh Apple
30 General Tso's Chicken w/ Brown Rice & Broccoli or Pasta w/ Chickpeas with Broccoli in Tomato Sauce (V) Fresh Apple	31 Beef Burger w/ Ketchup & Green Beans or Vegetarian Chili w/ Brown Rice Pilaf & Green Beans (V) Fresh Pear			

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Lunch K-8

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MON	TUE	WED	THU	FRI
2 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	3 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear	5 Chicken Nuggets w/ BBQ Sauce & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V) Fresh Apple	5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana	6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple	10 Salisbury Steak w/ Gravy Mashed Potatoes & Whole-Grain Bun or Vegetarian Chili w/ Corn (V) Whole-Grain Bread Fresh Orange	11 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing or Home-Style Macaroni & Cheese w/ Broccoli (V) Fresh Apple	12 Turkey Hot Dog w/ Ketchup & Whole Wheat Bun or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes Fresh Banana	13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing Fresh Apple
16 Breaded Chicken Tenders w/ Roasted Potatoes w/ Ketchup or Cheese Quesadilla w/ Corn & Taco Sauce (V) Fresh Apple	17 Spaghetti & Beef Meatballs in Tomato Sauce or Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli Fresh Pear	18 Turkey Chili w/ Brown Rice & Steamed Carrots or Cheese Lasagna w/ Tomato Sauce & Green Beans (V) Fresh Apple	19 Breaded Chicken Patty on Wheat Bun w/ BBQ Sauce or Veggie Burger (V) on Wheat Bun w/ Baked Beans Fresh Banana	20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
23 Adobo Chicken w/ Cilantro Brown Rice & Corn or Protein Alfredo Penne Pasta w/ Green Peas & Whole-Grain Bun (V) Fresh Apple	24 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Orange	25 BBQ Meatballs w/ Broccoli & Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin (V) Fresh Apple	26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V) Fresh Banana	27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
30 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	31 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear			

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Lunch K-8

Cold Wednesdays

MARCH 2026

MON	TUE	WED	THU	FRI
2 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	3 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear	5 Chicken Salad Flatbread Sandwich or American Cheese Sandwich (V) Baby Carrots w/ Hummus Fresh Apple	5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana	6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple	10 Salisbury Steak w/ Gravy & Mashed Potatoes or Vegetarian Chili w/ Corn (V) Whole-Grain Bread Fresh Orange	11 Turkey Bologna & Cheese Sandwich w/ Mustard or Sunbutter & Jelly Sandwich w/ String Cheese (V) Side Salad w/ Ranch Dressing Fresh Apple	12 Turkey Hot Dog w/ Ketchup & Whole Wheat Bun or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes Fresh Banana	13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing Fresh Apple
16 Breaded Chicken Tenders w/ Roasted Potatoes w/ Ketchup or Cheese Quesadilla w/ Corn & Taco Sauce (V) Fresh Apple	17 Spaghetti & Beef Meatballs in Tomato Sauce or Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli Fresh Pear	18 Turkey & Cheese Sandwich w/ Mayo or American Cheese Sandwich (V) Cole Slaw Fresh Apple	19 Breaded Chicken Patty on Wheat Bun w/ BBQ Sauce or Veggie Burger (V) on Wheat Bun w/ Baked Beans Fresh Banana	20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
23 Adobo Chicken w/ Cilantro Brown Rice & Corn or Protein Alfredo Penne Pasta w/ Green Peas & Whole-Grain Bun (V) Fresh Apple	24 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Orange	25 Hero (Turkey, Turkey Ham & Cheese) Sandwich or Sunbutter & Jelly Sandwich w/ String Cheese (V) Side Salad w/ Ranch Dressing Fresh Apple	26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V) Fresh Banana	27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
30 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	31 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear			

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Lunch K-8

Cold Fridays

MARCH 2026

MON	TUE	WED	THU	FRI
2 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	3 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear	5 Chicken Nuggets w/ BBQ Sauce & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V) Fresh Apple	5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana	6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple	10 Salisbury Steak w/ Gravy & Mashed Potatoes & Wheat Bun or Vegetarian Chili w/ Corn (V) Whole-Grain Bread Fresh Orange	11 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing or Home-Style Macaroni & Cheese w/ Broccoli (V) Fresh Apple	12 Turkey Hot Dog w/ Ketchup & Whole Wheat Bun or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes Fresh Banana	13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing Fresh Apple
16 Breaded Chicken Tenders w/ Roasted Potatoes w/ Ketchup or Cheese Quesadilla w/ Corn & Taco Sauce (V) Fresh Apple	17 Spaghetti & Beef Meatballs in Tomato Sauce or Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli Fresh Pear	18 Turkey Chili w/ Brown Rice & Steamed Carrots or Cheese Lasagna w/ Tomato Sauce & Green Beans (V) Fresh Apple	19 Breaded Chicken Patty on Wheat Bun w/ BBQ Sauce or Veggie Burger on Wheat Bun w/ Baked Beans (V) Fresh Banana	20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
23 Adobo Chicken w/ Cilantro Brown Rice & Corn or Protein Pasta Alfredo w/ Whole-Grain Bun & Peas (V) Fresh Apple	24 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Orange	25 BBQ Beef Meatballs w/ Broccoli Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin (V) Fresh Apple	26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V) Fresh Banana	27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
30 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple	31 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito w/ Tater Tots (V) Fresh Pear			

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LUNCH 9-12

MARCH 2026

MON	TUE	WED	THU	FRI
<p>2 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticksw/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple & Raisins</p>	<p>3 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito (V) Street Corn w/ Tater Tots Fresh Pear & Diced Peaches</p>	<p>5 Chicken Nuggets w/ BBQ Sauce & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V) Fresh Apple & Mixed Fruit</p>	<p>5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana & Diced Pears</p>	<p>6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple & Diced Pineapple</p>
<p>9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple & Diced Peaches</p>	<p>10 Salisbury Steak w/ Gravy Wheat Bun & Mashed Potatoes or Vegetarian Chili w/ Corn Muffin (V) Fresh Orange & Diced Pineapple</p>	<p>11 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing or Home-Style Macaroni & Cheese w/ Broccoli (V) Fresh Apple & Fresh Banana</p>	<p>12 Turkey Hot Dog w/ Ketchup & Whole Wheat Bun or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes & Coleslaw Fresh Banana & Mixed Fruit Cup</p>	<p>13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots & Celery Sticksw/ Ranch Dressing Fresh Apple & Raisins</p>
<p>16 Breaded Chicken Tenders w/ Dinner Roll BBQ Sauce or Cheese Quesadilla w/ Taco Sauce (V) Roasted Potatoes w/ Corn Raisins & Fresh Apple</p>	<p>17 Spaghetti Meatballs w/ Broccoli or Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli Fresh Pear & Diced Peaches</p>	<p>18 Turkey Chili w/ Brown Rice & Steamed Carrots or Home-Style Macaroni & Cheese w/ Broccoli (V) Fresh Apple & Mixed Fruit Cup</p>	<p>19 Breaded Chicken on Wheat Bun or Veggie Burger w/ Mayo w/ Baked Beans & Roasted Potatoes (V) Fresh Banana & Diced Pears</p>	<p>20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple & Diced Peaches</p>
<p>23 Adobo Chicken w/ Brown Rice & Corn or Protein Pasta Alfredo w/ Whole-Grain Bun & Peas (V) Fresh Apple & Diced Pineapples</p>	<p>24 Turkey Hot Dog w/ Ketchup, Roasted Potatoes & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Orange & Diced Peaches</p>	<p>25 BBQ Meatballs w/ Broccoli Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin (V) Fresh Apple & Fresh Banana</p>	<p>26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V) Fresh Banana & Mixed Fruit Cup</p>	<p>27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple & Raisins</p>
<p>30 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Apple & Raisins</p>	<p>31 Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito (V) Street Corn w/ Tater Tots Fresh Pear & Diced Peaches</p>			

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LUNCH 9-12

Cold Fridays

MARCH 2026

MON

TUE

WED

THU

FRI

2

General Tso's Chicken w/
Brown Rice & Broccoli
or
Stuffed Bread Sticks w/
Marinara Sauce & 100%
Vegetable Juice (V)

Fresh Apple & Raisins

9

BBQ Chicken w/ Brown
Rice & Baked Beans
or
Spanish Rice w/ Beans &
Cheese (V)

Fresh Apple
&
Diced Peaches

16

Breaded Chicken Tenders
w/ Dinner Roll BBQ Sauce
or
Cheese Quesadilla w/
Taco Sauce (V) Roasted
Potatoes w/ Corn

Raisins & **Fresh Apple**

23

Adobo Chicken w/
Brown Rice & Corn
or
Protein Pasta Alfredo
w/ Whole-Grain Bun &
Peas (V)

Fresh Apple &
Diced Pineapples

30

General Tso's Chicken
w/ Brown Rice & Broccoli
or
Stuffed Bread Sticks w/
Marinara Sauce & 100%
Vegetable Juice (V)

Fresh Apple & Raisins

3

Cheeseburger Calzone
w/ Ketchup
or
Bean & Cheese Burrito (V)
Street Corn
w/ Tater Tots

Fresh Pear & Diced
Peaches

10

Salisbury Steak w/ Gravy
Wheat Bun &
Mashed Potatoes
or
Vegetarian Chili w/ Corn
Muffin (V)

Fresh Orange & Diced
Pineapples

17

Spaghetti Meatballs w/
Broccoli
or
Pasta w/ Tomato Sauce &
Mozzarella Cheese (V)
Broccoli

Fresh Pear & Diced
Peaches

24

Turkey Hot Dog w/
Ketchup, Roasted
Potatoes & Baked Beans
or
Spanish Rice w/ Beans &
Cheese (V)

Fresh Orange &
Diced Peaches

31

Cheeseburger Calzone
w/ Ketchup
or
Bean & Cheese Burrito (V)
Street Corn
w/ Tater Tots

Fresh Pear & Diced
Peaches

5

Chicken Nuggets w/
BBQ Sauce & Baked
Beans
or
Falafel Bites w/ Quinoa
Pilaf, Black Beans &
Tomatoes (V)
Fresh Apple & Mixed
Fruit

11

Chicken Caesar Salad
w/ Pita Bread & Ranch
Dressing
or
Home-Style Macaroni &
Cheese w/ Broccoli (V)

Fresh Apple & Fresh
Banana

18

Turkey Chili w/ Brown
Rice & Steamed Carrots
or
Home-Style Macaroni &
Cheese w/ Broccoli (V)

Fresh Apple & Mixed
Fruit Cup

25

BBQ Meatballs w/ Broccoli
Whole-Grain Club Roll
or
Cobb Salad w/ Ranch
Dressing & Corn Muffin (V)

Fresh Apple & Fresh
Banana

5

Southwest Salad w/
Chicken & Ranch Dressing
Corn Muffin
or
Pasta in Tomato Sauce w/
Mozzarella Cheese &
Broccoli (V)

Fresh Banana & Diced
Pears

12

Turkey Hot Dog
or
Egg & Cheese Sandwich
w/ Ketchup (V)
Roasted Sweet Potatoes
& Coleslaw

Fresh Banana & Mixed
Fruit Cup

19

Breaded Chicken on
Wheat Bun
or
Veggie Burger (V) w/
Mayo w/ Baked Beans &
Roasted Potatoes

Fresh Banana & Diced
Pears

26

Chicken Dumplings w/
Vegetable Medley
or
NEW! Stir "Fried" Rice w/
Egg & Vegetables (V)

Fresh Banana & Mixed
Fruit Cup

6

Chicken Breast
Sandwich w/ Mayo
or
Cheese Sandwich (V)
Baby Carrots w/ Ranch
Dressing

Fresh Apple & Diced
Pineapples

13

Turkey & Cheese
Sandwich w/ Mayo
or
Cheese Sandwich (V)
Baby Carrots & Celery
Sticks w/
Ranch Dressing

Fresh Apple & Raisins

20

Turkey Ham & Cheese
Sandwich w/ Mustard
or
Cheese Sandwich (V)
Baby Carrots w/ Ranch
Dressing

Fresh Apple & Diced
Pineapples

27

Chicken Salad Ciabatta
Sandwich
or
Cheese Sandwich (V)
Baby Carrots w/ Ranch
Dressing

Fresh Apple & Raisins

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