

## Breakfast K-12

MON

TUE

WED

THU

FRI

2

Reduced Sugar Trix Cereal w/ Graham Crackers  
Diced Peaches & Grape Juice

3

Whole-Wheat Bagel w/ Cream Cheese  
or  
Cinnamon Bun  
**Fresh Apple**  
&  
Orange Tangerine Juice

4

Chocolate Chip Muffin or Whole-Grain Waffles  
Fresh Pear & Very Berry Juice

5

Strawberry Banana Yogurt w/ Graham Crackers (V) Fresh Apple & Diced Pineapple  
or  
Turkey Sausage, Egg, & Cheese Burrito  
**Fresh Apple & Mixed Fruit Cup**

6

Cinnamon Crisp Bar  
Raisins & Grape Juice

9

Multi-Grain Cheerios w/ Graham Crackers  
Raisins & Applesauce

10

Strawberry Banana Yogurt w/ Graham Crackers  
Fresh Apple & Pineapple Cup  
or  
Pancakes w/ Syrup  
**FreshApple & Fruit Punch**  
Juice

11

Cinnamon Raisin Bagel w/ Butter (V)  
or  
Turkey Sausage Breakfast Pizza  
Diced Peaches & Grape Juice

12

Honey Cheerios w/ Graham Crackers  
or  
Cheesy Biscuit  
**Fresh Apple & Orange**  
Tangerine Juice

13

Blueberry Muffin  
Fresh Orange & Very Berry Juice

16

17

Strawberry Banana Yogurt w/ Graham Crackers (V)  
Fresh Apple & Diced Pineapple  
or  
Southwest Egg, & Cheese Burrito  
**FreshApple & Diced Peaches**

18

Cinnamon Raisin Bagel w/ Butter (V) Grape Juice  
or  
Apple Frudel  
Mixed Fruit & Fruit Punch Juice

19

Whole-Wheat Bagel w/ Cream Cheese  
or  
Dutch Waffle  
**Fresh Apple & Orange**  
Tangerine Juice

20

Chocolate Chip Muffin  
Fresh Pear & Very Berry Juice

23

24

Strawberry Banana Yogurt w/ Graham Crackers  
Fresh Apple & Diced Pineapple  
or  
French Toast w/ Syrup  
**FreshApple & Fruit Punch**  
Juice

25

Cinnamon Raisin Bagel w/ Butter  
or  
Cheesy Biscuit  
Diced Peaches & Grape Juice

26

Reduced Sugar Cinnamon Toast Crunch w/ Graham Crackers (V)  
or  
Turkey Sausage Griddle Sandwich  
**Fresh Apple & Orange**  
Tangerine Juice

27

Cherry Cocoa Bar  
Fresh Pear & Very Berry Juice

## DID YOU KNOW...

- ✓ All grain products are wholegrain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

## Milk Choices

1% Milk and Skim Milk

## Please Note

Locally Grown Component

Planned Daily.

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Vegetarian Meal Options are indicated with a "V".



# Lunch K-8

FEBRUARY 2026

MON	TUE	WED	THU	FRI
2 Beef Cheeseburger w/ Ketchup or Bean & Cheese Burrito (V) Roasted Potatoes  Fresh Apple	3 Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice or General Tso's Chicken w/ Brown Rice & Broccoli  Fresh Pear	4 Chicken Nuggets w/ Ketchup & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V)  Fresh Apple	5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V)  Fresh Banana	6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple
9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V)  Fresh Apple	10 Salisbury Steak w/ Gravy & Mashed Potatoes or Vegetarian Chili w/ Corn (V) Whole-Grain Bread  Fresh Orange	11 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing or Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple	12 Turkey Hot Dog w/ Ketchup or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes  Fresh Banana	13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing  Fresh Apple
16	17 Chicken Tenders w/ BBQ Sauce or Veggie Burger w/ Ketchup  Roasted Potatoes  Diced Pear	18 Turkey Chili w/ Brown Rice & Steamed Carrots or Cheese Lasagna w/ Tomato Sauce & Green Beans  Fresh Apple	19 Breaded Chicken Sandwich w/ Hot Sauce or Cheese Quesadilla w/ Taco Sauce (V) Garden Salad w/ Ranch Dressing  Fresh Banana	20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple
23 Adobo Chicken w/ Brown Rice & Corn or Alfredo Penne Pasta w/ Green Peas (V)  Fresh Apple	24 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V)  Fresh Orange	25 BBQ Meatballs w/ Broccoli Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin  Fresh Apple	26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V)  Fresh Banana	27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple

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# Lunch K-8

## Cold Wednesdays

FEBRUARY 2026

MON

TUE

WED

THU

FRI

2

Beef Cheeseburger w/  
Ketchup  
or  
Bean & Cheese Burrito  
(V) Roasted Potatoes  
  
Fresh Apple

3

Stuffed Bread Sticks w/  
Marinara Sauce & 100%  
Vegetable Juice  
or  
General Tso's Chicken w/  
Brown Rice & Broccoli  
  
Fresh Pear

4

Chicken Salad Flatbread  
Sandwich  
or  
American Cheese  
Sandwich (V)  
Baby Carrots w/ Hummus  
  
Fresh Apple

5

Southwest Salad w/  
Chicken & Ranch Dressing  
Corn Muffin  
or  
Pasta in TomatoSauce w/  
Mozzarella Cheese &  
Broccoli (V)  
  
Fresh Banana

6

Chicken Breast Sandwich  
w/ Mayo  
or  
Cheese Pizza (V)  
Baby Carrots w/ Ranch  
Dressing  
  
Fresh Apple

9

BBQ Chicken w/ Brown  
Rice & Baked Beans  
or  
Spanish Rice w/ Beans  
& Cheese (V)  
  
Fresh Apple

10

Salisbury Steak w/ Gravy  
& Mashed Potatoes  
or  
Vegetarian Chili w/ Corn  
(V) Whole-Grain Bread  
  
Fresh Orange

11

Turkey Bologna & Cheese  
Sandwich  
or  
Sunbutter & Jelly  
Sandwich w/ String  
Cheese (V)  
Side Salad w/ Ranch  
Dressing  
  
Fresh Apple

12

Turkey Hot Dog w/ Ketchup  
or  
Egg & Cheese Sandwich  
w/ Ketchup (V)  
Roasted Sweet Potatoes  
  
Fresh Banana

13

Turkey & Cheese Sandwich  
w/ Mayo  
or  
Cheese Pizza (V)  
Celery Sticks w/ Ranch  
Dressing  
  
Fresh Apple

16

17

Chicken Tenders w/ BBQ  
Sauce  
or  
Veggie Burger w/ Ketchup  
Roasted Potatoes  
  
Diced Pear

18

Turkey & Cheese  
Sandwich  
or  
American Cheese  
Sandwich (V)  
Cole Slaw  
  
Fresh Apple

19

Breaded Chicken  
Sandwich w/ Hot  
Sauce  
or  
Cheese Quesadilla w/ Taco  
Sauce (V)  
Garden Salad w/ Ranch  
Dressing  
  
Fresh Banana

20

Turkey Ham & Cheese  
Sandwich w/ Mustard  
or  
Cheese Pizza (V)  
Baby Carrots w/ Ranch  
Dressing  
  
Fresh Apple

23

24

Adobo Chicken w/  
Brown Rice & Corn  
or  
Alfredo Penne Pasta  
w/ Green Peas (V)  
  
Fresh Apple

25

Turkey Hot Dog w/  
Ketchup & Baked Beans  
or  
Spanish Rice w/ Beans &  
Cheese (V)  
  
Fresh Orange

26

Hero (Turkey, Turkey Ham  
& Cheese) Sandwich  
or  
Sunbutter & Jelly Sandwich  
w/ String Cheese (V)  
Side Salad w/ Ranch  
Dressing  
  
Fresh Banana

27

Chicken Dumplings w/  
Vegetable Medley  
or  
NEW! Stir "Fried" Rice  
w/ Egg & Vegetables  
(V)  
  
Fresh Apple

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Cold Fridays

FEBRUARY 2026

MON

TUE

WED

THU

FRI

2  
Beef Cheeseburger w/  
Ketchup  
or  
Bean & Cheese Burrito  
(V) Roasted Potatoes  
**Fresh Apple**

3  
Stuffed Bread Sticks  
w/ Marinara Sauce &  
100% Vegetable Juice  
or  
General Tso's Chicken  
w/ Brown Rice &  
Broccoli  
**Fresh Pear**

4  
Chicken Nuggets w/  
Ketchup & Baked Beans  
or  
Falafel Bites w/ Quinoa  
Pilaf, Black Beans &  
Tomatoes (V)  
**Fresh Apple**

5  
Southwest Salad w/  
Chicken & Ranch Dressing  
Corn Muffin  
or  
Pasta in TomatoSauce w/  
Mozzarella Cheese &  
Broccoli (V)  
**Fresh Banana**

6  
Chicken Breast  
Sandwich w/ Mayo  
or  
Cheese Sandwich (V)  
Baby Carrots w/ Ranch  
Dressing  
**Fresh Apple**

9  
BBQ Chicken w/  
Brown Rice & Baked  
Beans  
or  
Spanish Rice w/  
Beans & Cheese (V)  
**Fresh Apple**

10  
SalisburySteak w/ Gravy  
& Mashed Potatoes  
or  
Vegetarian Chili w/ Corn  
(V) Whole-Grain Bread  
**Fresh Orange**

11  
Chicken Caesar Salad w/  
Pita Bread & Ranch  
Dressing  
or  
Home-Style Macaroni &  
Cheese w/ Broccoli (V)  
**Fresh Apple**

12  
Turkey Hot Dog  
w/ Ketchup  
or  
Egg & Cheese Sandwich w/  
Ketchup (V)  
Roasted Sweet Potatoes  
**Fresh Banana**

13  
Turkey & Cheese  
Sandwich w/ Mayo  
or  
Sunbutter & Jelly  
Sandwich w/ String  
Cheese (V)  
Celery Sticks w/ Ranch  
Dressing  
**Fresh Apple**

16  
17  
Chicken Tenders w/ BBQ  
Sauce  
or  
Veggie Burger w/  
Ketchup  
Roasted Potatoes  
Diced Pear

18  
Turkey Chili w/ Brown Rice  
& Steamed Carrots  
or  
Cheese Lasagna w/ Tomato  
Sauce & Green Beans  
**Fresh Apple**

19  
Breaded Chicken  
Sandwich w/ Hot Sauce  
or  
Cheese Quesadilla w/ Taco  
Sauce (V)  
Garden Salad w/ Ranch  
Dressing  
**Fresh Banana**

20  
Turkey Ham & Cheese  
Sandwich w/ Mustard  
or  
Cheese Sandwich (V)  
Baby Carrots w/ Ranch  
Dressing  
**Fresh Apple**

23  
Adobo Chicken w/  
Brown Rice & Corn  
or  
Alfredo Penne Pasta w/  
Green Peas (V)  
**Fresh Apple**

24  
Turkey Hot Dog w/  
Ketchup & Baked Beans  
or  
Spanish Rice w/ Beans  
& Cheese (V)  
**Fresh Orange**

25  
BBQ Meatballs w/  
Broccoli Whole-Grain  
Club Roll  
Cobb Salad w/ Ranch  
Dressing & Corn  
Muffin  
**Fresh Apple**

26  
Chicken Dumplings  
w/ Vegetable Medley  
or  
NEW! Stir "Fried"  
Rice w/ Egg &  
Vegetables (V)  
**Fresh Banana**

27  
Chicken Salad  
Ciabatta Sandwich  
or  
Sunbutter & Jelly  
Sandwich w/ String  
Cheese (V)  
Baby Carrots w/ Ranch  
Dressing  
**Fresh Apple**

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# LUNCH 9-12

FEBRUARY 2026

MON	TUE	WED	THU	FRI
2 General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticksw/ Marinara Sauce & 100% Vegetable Juice (V)  Fresh Apple & Raisins	3 Beef Cheeseburger w/ Ketchup or Bean & Cheese Burrito (V) Street Corn  Fresh Pear & Diced Peaches	4 Chicken Nuggets w/ BBQ Sauce & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V)  Fresh Apple & Mixed Fruit	5 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V)  Fresh Banana & Diced Pears	6 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple & Diced Pineapple
9 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice w/ Beans & Cheese (V)  Fresh Apple & Diced Peaches	10 Salisbury Steak w/ Gravy & Mashed Potatoes or Vegetarian Chili w/ Corn Muffin (V)  Fresh Orange & Diced Pineapple	11 Chicken Caesar Salad w/ Pita Bread & Ranch Dressing or Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple & Fresh Banana	12 Turkey Hot Dog or Egg & Cheese Sandwich w/ Ketchup (V)  Roasted Sweet Potatoes & Coleslaw  Fresh Banana & Mixed Fruit Cup	13 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots & Celery Sticks w/ Ranch Dressing  Fresh Apple & Raisins
16	17 Chicken Tenders w/ BBQ Sauce Dinner Roll or Veggie Burger w/ Ketchup Roasted Potatoes (V) Street Corn  Raisins & Diced Pear	18 Turkey Chili w/ Brown Rice & Steamed Carrots or Home-Style Macaroni & Cheese w/ Broccoli (V)  Fresh Apple & Diced Peaches	19 Breaded Chicken Sandwich w/ BBQ Sauce or Cheese Quesadilla w/ Taco Sauce (V) Side Salad w/ Ranch Dressing  Fresh Banana & Fresh Pear	20 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple & Diced Peaches
23 Adobo Chicken w/ Brown Rice & Corn or Protein Pasta Alfredo w/ WholeWheat Bread Slice & Peas (V)  Fresh Apple & Pineapple Cup	24 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V)  Fresh Orange & Diced Peaches	25 BBQ Meatballs w/ Broccoli Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin  Fresh Apple & Fresh Banana	26 Chicken Dumplings w/ Vegetable Medley or NEW! Stir "Fried" Rice w/ Egg & Vegetables (V)  Fresh Banana & Mixed Fruit Cup	27 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing  Fresh Apple & Raisins

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# LUNCH 9-12

Cold Fridays

FEBRUARY 2026

MON

TUE

WED

THU

FRI

2  
General Tso's Chicken w/  
Brown Rice & Broccoli  
or  
Stuffed Bread Sticksw/  
Marinara Sauce & 100%  
Vegetable Juice (V)  
  
Fresh Apple & Raisins

3  
Beef Cheeseburger w/  
Ketchup  
or  
Bean & Cheese Burrito (V)  
Street Corn  
  
Fresh Pear & Diced  
Peaches

4  
Chicken Nuggets w/ BBQ  
Sauce & Baked Beans  
or  
Falafel Bites w/ Quinoa  
Pilaf, Black Beans &  
Tomatoes (V)  
  
Fresh Apple & Mixed Fruit

5  
Southwest Salad w/  
Chicken & Ranch Dressing  
Corn Muffin  
or  
Pasta in Tomato Sauce w/  
Mozzarella Cheese &  
Broccoli (V)  
  
Fresh Banana & Diced  
Pears

6  
Chicken Breast  
Sandwich w/ Mayo  
or  
Cheese Sandwich (V)  
Baby Carrots w/ Ranch  
Dressing  
  
Fresh Apple &  
Pineapple Cup

9  
BBQ Chicken w/ Brown  
Rice & Baked Beans  
or  
Spanish Rice w/ Beans &  
Cheese (V)  
  
Fresh Apple & Diced  
Peaches

10  
Salisbury Steak  
w/ Gravy & Mashed  
Potatoes  
or  
Vegetarian Chili w/ Corn  
Muffin (V)  
  
Fresh Orange & Diced  
Pineapple

11  
Chicken Caesar Salad w/  
Pita Bread & Ranch  
Dressing  
or  
Home-Style Macaroni &  
Cheese w/ Broccoli (V)  
  
Fresh Apple & Fresh  
Banana

12  
Turkey Hot Dog  
or  
Egg & Cheese Sandwich  
w/ Ketchup (V)  
  
Coleslaw & Roasted  
Sweet Potatoes  
  
Fresh Banana & Mixed  
Fruit Cup

13  
Turkey & Cheese  
Sandwich w/ Mayo  
or  
Cheese Sandwich (V)  
Celery & Baby Carrots  
w/ Ranch Dressing  
  
Fresh Apple & Raisins

16  
  
  
  
17  
Chicken Tenders w/ BBQ  
Sauce  
Dinner Roll  
or  
Veggie Burger w/ Ketchup  
& Roasted Potatoes (V)  
Street Corn  
Raisins & Diced Pears

18  
Turkey Chili w/ Brown  
Rice & Steamed Carrots  
or  
Home-Style Macaroni &  
Cheese w/ Broccoli (V)  
  
Fresh Apple & Diced  
Peaches

19  
Breaded Chicken  
Sandwich w/ BBQ Sauce  
or  
Cheese Quesadilla w/ Taco  
Sauce (V)  
Side Salad w/ Ranch  
Dressing  
  
Fresh Banana & Fresh  
Pear

20  
Turkey Ham & Cheese  
Sandwich w/ Mustard  
or  
Cheese Sandwich (V)  
Baby Carrots w/ Ranch  
Dressing  
  
Fresh Apple & Diced  
Peaches

23  
Adobo Chicken w/ Brown  
Rice & Corn  
or  
Protein Pasta Alfredo w/  
Whole Wheat Bread Slice  
& Peas (V)  
  
Fresh Apple & Pineapple  
Cup

24  
Turkey Hot Dog w/  
Ketchup & Baked Beans  
or  
Spanish Rice w/ Beans &  
Cheese (V)  
  
Fresh Orange &  
Diced Peaches

25  
BBQ Meatballs w/ Broccoli  
Whole-Grain Club Roll  
or  
Cobb Salad w/ Ranch  
Dressing & Corn Muffin  
  
Fresh Apple & Fresh  
Banana

26  
Chicken Dumplings w/  
Vegetable Medley  
or  
NEW! Stir "Fried" Rice  
w/ Egg & Vegetables  
(V)  
  
Fresh Banana & Mixed  
Fruit Cup

27  
Chicken Salad Ciabatta  
Sandwich  
or  
Cheese Sandwich (V)  
Baby Carrots w/ Ranch  
Dressing  
  
Fresh Apple & Raisins

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