

# MARCH 2022

## VEGETARIAN LUNCH MENU

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**FEBRUARY 28**

Vegetarian Patty on  
Whole Grain Bun  
Potato Fries  
Fresh Apples

Rice with Beans **1**  
Green Beans  
Fresh Tangerines

Cheese Quesadilla **2**  
Carrots  
Bananas

Spanish Rice with **3**  
Vegetarian Meat  
Pinto Beans  
Fresh Oranges

Vegetarian Meat **4**  
Spaghetti  
Broccoli  
Fresh Pears

Vegetarian Patty **7**  
WG Dinner Roll  
Baked Beans  
Fresh Pears

Macaroni & Cheese **8**  
Broccoli and Carrots  
Fresh Tangerines

Vegetarian Meat Taco **9**  
Taco Shells  
Romaine Lettuce & Tomato  
Salad  
Fresh Bananas

Rice with **10**  
Vegetarian Meat  
Mixed Vegetables  
Fresh Apples

Tofu and Vegetable **11**  
Quesadilla  
Corn  
Fresh Oranges

Vegetarian Patty **14**  
on WG Bun  
Sweet Potatoes  
Fresh Oranges

Vegetarian Meat **15**  
Spaghetti  
Corn  
Fresh Bananas

Spanish Rice with **16**  
Vegetarian Meat  
Black Beans  
Apple Sauce

Rice with Beans **17**  
Mashed Potatoes  
Green Beans  
WG Dinner Roll  
Fresh Pears

Black Bean Patty **18**  
WG Dinner Roll  
Green PEAS, Carrots &  
Broccoli  
Fresh Kiwii

Vegetarian Patty on **21**  
Whole Grain Bun  
Potato Fries  
Fresh Pears

Vegetarian Meat Taco **22**  
Taco Shells  
Romaine & Tomato Salad  
Fresh Bananas

Cheese Quesadilla **23**  
Baked Beans  
Fresh Apples

Bean and **24**  
Vegetable Chili  
Brown Rice  
Green Beans  
Fresh Orange

Macaroni & Cheese **25**  
Broccoli  
Fresh Tangerines

Vegetarian Patty **28**  
WG Dinner Roll  
Green Beans  
Fresh Apples

Rice with **29**  
Vegetarian Meat  
Corn  
Fresh Tangerines

Tofu and Vegetable **30**  
Quesadilla  
Baked Beans  
Fresh Bananas

Cheese Pizza **31**  
Broccoli  
Fresh Pears

- All meals served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

*This institution is an equal opportunity provider.*

